

Starters

Stuffed Red Jalapeno Peppers

Filled with cream cheese served with dipping sauces.

£4.25 £6.95

Fully Loaded Potato Skins

Your choice of Cheese & Ham, Bentlands Chilli, Mexican (v) or a Combo.

£4.25 £6.95

Buffalo Wings

Chicken wings coated with your choice of Jack Daniels Glaze, BBQ, blazing chilli or sweet chilli sauce.

£4.25 £6.75

Hawaiian Garlic Bread

Slices of garlic bread topped with chopped ham, chopped pineapple & melted cheese.

£3.45 £5.95

Bentlands Combo

A combination of garlic bread, potato skins, onion rings, stuffed jalapeños and chicken wings.

£5.45 £9.95

Skewered King Prawns

Two skewers on mixed salad with chopped bacon and lemon pepper butter.

£5.25

Chicken Caesar Salad

Grilled seasoned chicken, on crisp green leaves, with croutons, crispy bacon and Caesar dressing, finished with Parmesan.

£4.75

Garlic Mushrooms

Mushrooms sautéed in garlic butter and herbs. Served with garlic bread.

£4.45

🌶️ Nacho Supreme

layers of tortilla chips topped with your choice from below, finished with melted cheese, guacamole, sour cream & salsa.

Chilli Beef or Mexican Chicken or

Mexican Quorn (V)

Large ... £7.95

Small ... £5.25

From the Grill

10oz Welsh Black Rump Steak

Prime 28 Day hung dry aged mature beef.

£12.25

12oz Gammon

with pineapple

£9.95

8oz Welsh Black Beef Sirloin

Prime 28 Day hung dry aged mature beef.

£12.45

Minted Lamb Steak

with cheddar mash and peas

£9.45

Grilled Chicken

Your choice of marinade either Lemon Pepper, Hickory Smoked BBQ, Cajun or Plain

£9.95

Big Mixed Grill

Steak, Gammon, Pork Chop, Sausage, Liver & Black Pudding

£11.45

Fish

Beer Battered Fish 'n' Chips

A select Cod fillet, seasoned and freshly battered in our own beer batter, served with chips and peas.

£8.95

Poached Salmon Fillet

finished under the grill with a lemon pepper butter, served with Parmesan roasted new potatoes.

£10.95

Whole Tail Scampi

Deep fried whole tail Scampi with chips, peas and tartare sauce.

£8.95

Grilled Tuna

with peppercorn sauce, Parmesan roasted new potatoes and salad.

£10.95

Tuna Nicoise

Freshly grilled tuna steak on mixed leaves, new potatoes, egg & tomatoes in a French dressing.

£10.75

🌶️ Pescado & Prawn Salad

Blackened Salmon fillet and a skewer of king prawns on a bed of mixed salad.

£10.45

Salads

Hickory Smoked Chicken & Tiger Prawn

Hickory smoked chicken breast with spicy tiger prawns on a bed of mixed leaves tossed in a honey & mustard dressing

£9.95

🌶️ Mexican Chicken

A breast of chicken lightly coated in Mexican spices served with sliced jalapeños & onions on a bed of mixed leaves tossed in a lime & coriander dressing.

£9.25

Lemon Pepper Chicken & Bacon

Grilled Chicken Breast in tangy lemon & pepper rub with grilled bacon served on mixed leaves tossed in a raspberry & mustard dressing.

£9.25

Chicken Caesar Salad

Grilled seasoned chicken, lettuce, croutons, egg, bacon, parmesan cheese finished with creamy Caesar dressing.

£9.25

Other Mains

🌶️ Bentlands Curries

Your choice of Chicken Balti, Thai Red Chicken, Chicken Tikka Masala or Vegetable Balti. Served with rice, chips & Naan bread.

£9.45

Moroccan Lamb Tagine

Lamb marinated then slow cooked in aromatic spices with a tomato, apricot and honey sauce. Served with rice, flour tortillas and a chilli orange salsa.

£9.95

🌶️ Cheese & Broccoli Bake

served with garlic bread and salad

£8.95

Roast Turkey Dinner (available during December only)

with cranberry sauce, stuffing, roast potatoes & seasonal vegetables

£8.95

Tex Mex

Served with spicy fries, corn on the cob & coleslaw. (except Chilli)

🌶️ Bentlands Famous Chilli

our own recipe chilli made with prime beef and our blend of cayenne, paprika and cumin powder, oven baked with onions, garlic, tomatoes and kidney beans, presented in a bowl finished with sour cream and grated cheese. Served with rice & nachos.

£8.95

Tex Mex

Your choice of Steak or Chicken topped with Beef Chilli .

£13.95 Sirloin £11.45 Hickory Chicken

🌶️ Sombrero

steak or chicken breast spiked with fresh chillies coated in Mexican spices then cooked on a white hot skillet, topped with guacamole.

£ 12.95 Sirloin £10.45 Hickory Chicken

🌶️ Blackened Pescado

Your choice of Tuna loin or Salmon Supreme coated in Mexican spices, cooked on a hot skillet

£11.45

Dos Enchiladas

2 rolled warm soft flour tortilla, one filled with our chilli beef and the other savoury chicken, topped with our spicy enchilada sauce and mozzarella then oven baked.

£9.95

Cantina Mexicana

Our mexican section brings together the favourite flour tortilla based Mexican dishes, choose your style and filling from the choices below. Served with spicy fries, corn on the cob and coleslaw.

🌶️ Enchilada

A rolled, warm soft tortilla, with your choice of filling, topped with a spicy tomato sauce, grated mozzarella cheese and then oven baked.

🌶️ Burrito

A wrapped flour tortilla with your choice of filling, topped with guacamole, salsa & sour cream.

🌶️ Chimmichanga

A wrapped deep fried flour tortilla with your choice of filling topped with guacamole, salsa and sour cream.

Fillings

£9.95 Chicken Quorn(V) Chilli Beef

Fajitas

pronounced `fah-hee-tas` is a sizzle platter of either beef, chicken, prawns, vegetarian quorn or a steak & chicken combo in fajita spices, flash fried with onions and bell peppers, with sides of sour cream, guacamole, salsa and cheese, served with a `clay pot` of warm flour tortillas. Then enjoy making and rolling your own wraps!!!

Fajitas for One

£11.95

Fajitas for 2

£17.95

